

**Analyse**

**Blaugrüne Alge / Aphanizomenon Flos Aquae (AFA)**

<u>Vitamine</u>	<u>Meßeinheit</u>	<u>Meßwert</u>
<b>Provitamin A:</b>		
Betakarotin	mg/100g	31,0
Thiamin (B1)	mg/100g	48,0
Riboflavin (B2)	mg/100g	25,0
Pyridoxin (B6)	mg/100g	160,0
Cobalamin (B12)	µg/100 g	80,00
<b>Ascorbinsäure:</b>		
Vitamin C	mg/g	24,0
Niacin	mg/100g	250,0
Folsäure	mg/100g	4,5
Cholin	mg/100g	226,6
Inositol	mg/100g	35,330
Pantothensäure	µg/100g	786,0
Biotin	µg/100g	43,4
Vitamin E	IU/100g	23,0
Chalotin	mg/100g	249,0

<u>Mineralstoffe und Spurenelemente</u>	<u>Meßeinheit</u>	<u>Meßwert</u>
Bor	mg/100g	0,78
Calcium	mg/100g	720,0
Chlor	mg/100g	400,0
Chrom	mg/100g	0,05
Kobalt	mg/100g	0,25
Kupfer	mg/100g	0,41
Fluor	mg/100g	160,0
Jod	mg/100g	2,20
Eisen	mg/100g	35,00
Magnesium	mg/100g	230,0
Mangan	mg/100g	2,20
Molybdän	mg/100g	4,0
Nickel	mg/100g	0,10
Phosphor	g/100g	0,70
Kalium	mg/100g	1500
Selen	mg/100g	1,0
Natrium	mg/100g	230
Zinn	mg/100g	3,0
Titanium	mg/100g	64,8
Vanadium	mg/100g	1,20
Zink	mcg/100g	690
Aluminium	mg/100g	3,40
Nickel	ppm	0,16
Selen	ppm	0,01
Barium	ppm	0,2
Chrom	ppm	0,08